

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 3 South-West	
MATCH	1	
VENUE	Plymouth	
P/FINISH	NO	

Date Saturday, April 13 2019

Venue Plymouth

Host Club City of Plymouth/Erme Valley/Tavistock ©

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
T	City of Plymouth/Erme Valley/Tavistock ©	PlymEVT	20	101.0	15.0	92.0	228.0
N	Newquay & Par AC	NQP	20	107.0	12.0	94.0	233.0
D	Team Dorset ©	Dorset	20	59.0	7.0	47.0	133.0
E	Exeter Harriers	Exe	20	20.0		39.0	79.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Newquay & Par AC	233.0	4.0			233.0	4.0	1
2	City of Plymouth/Erme Valley/Tavistock ©	228.0	3.0			228.0	3.0	2
3	Team Dorset ©	133.0	2.0			133.0	2.0	3
4	Exeter Harriers	79.0	1.0			79.0	1.0	4

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth

13/04/2019

<u>100m Men A</u>					<u>100m Men B</u>						
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf		
			Wind	+1.5				Wind	+1.8		
1	d	ORMEROD-TAYLOR Curtis Y	Dorset	11.3	666	1	nn	PATTON Aidan	NQP	11.8	526
2	t	MILLER Aaron	PlymEVT	11.4	636	2	tt	PALIN Ross	PlymEVT	12.0	475
3	n	HARRIS Tom	NQP	11.5	607	3	dd	WHEELER Richard	Dorset	13.2	235
4	e	BAILEY Howard	Exe	14.6	72	4	ee	CRAWFORD Callum	Exe	14.5	80
5						5					
6						6					

<u>200m Men A</u>					<u>200m Men B</u>						
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf		
			Wind	+2.0				Wind	+2.0		
1	n	HARRIS Tom	NQP	22.8	697	1	tt	COURT Thomas Y	PlymEVT	24.5	470
2	d	ORMEROD-TAYLOR Curtis Y	Dorset	23.1	653	2	nn	LAMBOLL Jacob X	NQP	24.7	447
3	t	PETERS Sam	PlymEVT	23.7	570	3	dd	WHEELER Richard	Dorset	27.5	189
4	e	PUGSLEY Christian	Exe	23.9	544	4					
5						5					
6						6					

<u>400m Men A</u>					<u>400m Men B</u>						
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf		
1	d	DUNNION Ciaran	Dorset	50.9	709	1	dd	WALKER George	Dorset	54.7	509
2	t	FILEWOD Danny X	PlymEVT	54.2	533	2	nn	LAMBOLL Jacob X	NQP	55.0	494
3	n	MOSES Lucas Y	NQP	57.2	397	3	tt	WATTS Liam X	PlymEVT	61.7	236
4						4					
5						5					
6						6					

<u>800m Men A</u>					<u>800m Men B</u>						
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf		
1	n	COTTERILL Lewis Y	NQP	01:57.2	740	1	TT	NEWMAN Daniel X	PlymEVT	02:10.5	438
2	T	SMITH Dean	PlymEVT	01:59.1	691	2	NN	GALLANTRY Liam	NQP	02:25.0	212
3	EE	CRAWFORD Callum	Exe	02:20.1	277	3	E	BAILEY Howard	Exe	02:34.9	111
4	D	DAVIES Glyn	Dorset	03:04.9		4					
5						5					
6						6					

<u>1500m Men A</u>					<u>1500m Men B</u>						
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf		
1	n	COTTERILL Lewis Y	NQP	04:26.6	477	1	TT	HALLOWS Liam	PlymEVT	04:40.1	366
2	T	WOODMASON Oliver X	PlymEVT	04:30.3	445	2	NN	MOSES Lucas Y	NQP	04:45.8	325
3	EE	CRAWFORD Callum	Exe	04:39.7	369	3	E	BAILEY Howard	Exe	05:04.5	209
4						4					
5						5					
6						6					

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth
13/04/2019
5000m Men A

Posn	No.	Athlete	Club	Perf
1	e	CRAWFORD Callum	Exe	16:56.8 472
2	T	BLACKFORD Tom	PlymEVT	18:01.6 334
3	NN	KNIGHT Mark	NQP	18:12.1 313
4				
5				
6				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	TT	ARMSTRONG James	PlymEVT	18:35.0 271
2	N	HOPPER Luke Y	NQP	19:30.1 181
3				
4				
5				
6				

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	+1.5
1	d	WALKER George	Dorset	17.4	574
2	n	HARRIS Tom	NQP	23.3	152
3					
4					
5					
6					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	+1.5
1	nn	BRERETON Samuel X	NQP	17.9	529
2					
3					
4					
5					
6					

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	n	HARRIS Tom	NQP	69.5 384
2	t	BLACKFORD Tom	PlymEVT	72.1 325
3				
4				
5				
6				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	nn	HOPPER Luke Y	NQP	71.7 333
2	tt	BLACKFORD Stephen	PlymEVT	108.2
3				
4				
5				
6				

2000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	D	GROSE Jamie	Dorset	06:10.5 846
2	T	NEWMAN Daniel X	PlymEVT	07:30.2 420
3	N	HOPPER Luke Y	NQP	07:36.5 394
4				
5				
6				

2000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	NN	WRIGHT William Y	NQP	07:50.8 336
2	TT	BLACKFORD Stephen	PlymEVT	10:12.7 16
3				
4				
5				
6				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	NN	BRERETON Samuel X	NQP	1.90 760
2	T	GILBERT Matthew	PlymEVT	1.70 594
3	E	CRAWFORD Callum	Exe	1.00

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	N	PATTON Aidan	NQP	1.65 553
2	TT	CLAYDEN Tobias X	PlymEVT	1.45 385

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth
13/04/2019
Pole Vault Men A

Posn	Bib	Athlete	Club	Perf	
1	N	PATTON Aidan	NQP	3.70	633
2	TT	CLAYDEN Daniel	PlymEVT	1.50	136

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf	
1	DD	PEARSON David	Dorset	3.20	525
2	NN	CLEMO Steve	NQP	2.20	302
3	T	GILBERT Matthew	PlymEVT	1.10	31

Long Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	E	PUGSLEY Christian	Exe	6.24	701
2	NN	PATTON Aidan	NQP	6.19	692
3	T	CLAYDEN Tobias X	PlymEVT	5.67	589
4	D	PEARSON David	Dorset	4.56	373
5					
6					

Long Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	N	BRERETON Samuel X	NQP	5.53	561
2	TT	HALLOWS Liam	PlymEVT	4.08	282
3	EE	BAILEY Howard	Exe	3.33	143
4					
5					
6					

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	NN	PATTON Aidan	NQP	12.36	660
2	T	CLAYDEN Tobias X	PlymEVT	12.10	635
3	E	PUGSLEY Christian	Exe	11.60	585
4	D	PEARSON David	Dorset	8.81	281
5					
6					

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	SMITH Dean	PlymEVT	12.0	625
2	N	WRIGHT William Y	NQP	10.04	422
3					
4					
5					
6					

Shot Men A

Posn	Bib	Athlete	Club	Perf	
1	E	DAWSON David	Exe	13.52	823
2	T	EDWARDS Jonathan	PlymEVT	13.21	803
3	N	MARSH Brett	NQP	10.47	616
4	D	WHEELER Richard	Dorset	7.69	387
5					
6					

Shot Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	SHIPTON Charlie	PlymEVT	9.17	515
2	DD	PEARSON David	Dorset	7.68	386
3	NN	YEOMANS Joshua	NQP	7.30	349
4	EE	CRAWFORD Callum	Exe	4.24	
5					
6					

Discus Men A

Posn	Bib	Athlete	Club	Perf	
1	T	EDWARDS Jonathan	PlymEVT	49.51	899
2	E	DAWSON David	Exe	41.87	788
3	N	MARSH Brett	NQP	31.61	620
4	D	WALKER George	Dorset	30.74	604
5					
6					

Discus Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	SHIPTON Charlie	PlymEVT	21.24	409
2	NN	CLEMO Steve	NQP	19.93	377
3	DD	WHEELER Richard	Dorset	19.69	371
4	EE		Exe	8.48	
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth
13/04/2019
Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	T	EDWARDS Jonathan	PlymEVT	53.86 868
2	E	DAWSON David	Exe	40.32 716
3	N	MARSH Brett	NQP	39.86 710
4	D	WHEELER Richard	Dorset	24.84 501
5				
6				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	TT	SHIPTON Charlie	PlymEVT	32.25 612
2	DD	PEARSON David	Dorset	17.56 370
3	NN	HOPPER Luke Y	NQP	13.85 286
4				
5				
6				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	N	YEOMANS Joshua	NQP	40.35 620
2	D	EFFICK Matthew Y	Dorset	40.27 618
3	TT	TOMLIN Harry X	PlymEVT	38.99 600
4	E	DAWSON David	Exe	31.38 483
5				
6				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	T	CLAYDEN Daniel	PlymEVT	33.74 521
2	NN	PATTON Aidan	NQP	30.43 468
3	DD	WHEELER Richard	Dorset	25.47 385
4	EE	BAILEY Howard	Exe	11.50 73
5				
6				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	T	PlymEVT	PETERS Sam PALIN Ross COURT Thomas Y MILLER Aaron	47.2
2	N	NQP	COTTERILL Lewis Y LAMBOLL Jacob X PATTON Aidan HARRIS Tom	47.7
3	D	Dorset	WHEELER Richard GROSE Jamie WALKER George PEARSON David	52.2
4				
5				
6				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	N	NQP	COTTERILL Lewis Y HOPPER Luke Y MOSES Lucas Y HARRIS Tom	03:48.4
2	T	PlymEVT	NEWMAN Daniel X WATTS Liam X CLAYDEN Tobias X SMITH Dean	03:49.5
3	D	Dorset	WALKER George PEARSON David GROSE Jamie DUNNION Ciaran	03:52.4
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth
13/04/2019
100m Women A

Posn	No.	Athlete	Club	Perf	Wind
					+2.0
1	d	BRYANT Alexandra	Dorset	12.5	752
2	t	SPILLER Erin Y	PlymEVT	13.0	644
3	n	HOWE Rachel	NQP	13.4	564
4	e	LIEFTING Bonnie	Exe	13.6	527
5					
6					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
					+0.7
1	tt	PARNELL-MOSES Leah Y	PlymEVT	13.3	584
2	dd	GOURLAY Lizzy	Dorset	13.6	527
3	nn	BOXALL Ami X	NQP	13.8	491
4					
5					
6					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
					0.0
1	d	BRYANT Alexandra	Dorset	25.7	735
2	n	HOWE Rachel	NQP	27.5	562
3	t	JAMES Tayla X	PlymEVT	28.0	519
4	e	LIEFTING Bonnie	Exe	29.7	388
5					
6					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
					+2.8
1	tt	PARNELL-MOSES Leah Y	PlymEVT	27.8	536
2	dd	GOURLAY Lizzy	Dorset	29.3	417
3	nn	BOXALL Ami X	NQP	29.3	417
4					
5					
6					

400m Women A

Posn	No.	Athlete	Club	Perf
1	d	LOVERING Abbie X	Dorset	60.8
2	t	JAMES Tayla X	PlymEVT	69.2
3	n	CARLYON Claudia	NQP	70.1
4				
5				
6				

400m Women B

Posn	No.	Athlete	Club	Perf
1	dd	HERBERT Maddy X	Dorset	65.0
2	tt	KEVERN Ellie X	PlymEVT	71.2
3	nn	DRINKELL Debbie	NQP	83.9
4				
5				
6				

800m Women A

Posn	No.	Athlete	Club	Perf
1	t	MCDOWELL Tilly X	PlymEVT	02:30.9
2	D	RABJOHNS Isobel X	Dorset	02:34.9
3	N	SPRY Jessica X	NQP	02:41.6
4				
5				
6				

800m Women B

Posn	No.	Athlete	Club	Perf
1	TT	KEVERN Ellie X	PlymEVT	02:50.9
2	NN	CARLYON Claudia	NQP	03:08.3
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth
13/04/2019
1500m Women A

Posn	No.	Athlete	Club	Perf	
1	tt	HARVEY Hayley	PlymEVT	05:04.3	568
2	NN	BURT Erin Y	NQP	05:07.9	543
3	D	RABJOHNS Isobel X	Dorset	05:26.3	428
4					
5					
6					

1500m Women B

Posn	No.	Athlete	Club	Perf	
1	T	FARRINGTON Natasha Y	PlymEVT	05:10.5	526
2	N	DAVIDSON Grace X	NQP	05:43.6	331
3					
4					
5					
6					

3000m Women A

Posn	No.	Athlete	Club	Perf	
1	t	FISK Jodi	PlymEVT	10:59.4	566
2	N	WEBSTER Lauren X	NQP	12:58.4	247
3					
4					
5					
6					

3000m Women B

Posn	No.	Athlete	Club	Perf	
1	TT	PHILLIPS Kate X	PlymEVT	12:36.4	297
2					
3					
4					
5					
6					

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind	+0.4
1	n	CARLYON Claudia	NQP	18.5	459
2	e	LIEFTING Bonnie	Exe	18.8	436
3	t	WEIR Helen	PlymEVT	22.0	222
4					
5					
6					

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind	+0.4
1	nn	BRETT Jacky	NQP	19.6	376	
2						
3						
4						
5						
6						

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf	
1	d	LOVERING Abbie X	Dorset	66.00	713
2	N	CARLYON Claudia	NQP	80.40	370
3	t	WEIR Helen	PlymEVT	94.80	123
4					
5					
6					

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf	
1	nn	PENFOLD Elowen Y	NQP	88.00	227
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth
13/04/2019
2000m S/Chase Women A

Posn	No.	Athlete	Club	Perf	
1	T	MCDOWELL Tilly X	PlymEVT	08:07.3	546
2	NN	PENFOLD Elowen Y	NQP	08:09.1	538
3					
4					
5					
6					

2000m S/Chase Women B

Posn	No.	Athlete	Club	Perf	
1	N	SPRY Jessica X	NQP	08:29.6	455
2					
3					
4					
5					
6					

High Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	TT	PARNELL-MOSES Leah Y	PlymEVT	1.45	596
2	E	LIEFTING Bonnie	Exe	1.40	542
3	DD	JEFFERY Ella X	Dorset	1.35	487
4	N	CARLYON Claudia	NQP	1.25	378

High Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	NN	BURT Erin Y	NQP	1.25	378
2	D	Abbie Lovering	Dorset	1.25	378
3	T	WEIR Helen	PlymEVT	1.00	108

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf	
1	N	CARLYON Claudia	NQP	2.00	370
2	D	JEFFERY Ella X	Dorset	1.90	343

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf	
		No Competitors			

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth
13/04/2019
Long Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	D	WINTON Hannah	Dorset	4.44	533
2	N	BOXALL Ami X	NQP	3.61	349
3	T	WEIR Helen	PlymEVT	3.23	267
4					
5					
6					

Long Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	NN	DRINKELL Debbie	NQP	3.47	319
2	TT	KEVERN Ellie X	PlymEVT	2.86	189
3					
4					
5					
6					

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	D	WINTON Hannah	Dorset	10.01	611
2	E	LIEFTING Bonnie	Exe	8.93	494
3	N	CARLYON Claudia	NQP	8.79	478
4	T	WEIR Helen	PlymEVT	7.40	320
5					
6					

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	DD	HERBERT Maddy X	Dorset	8.58	455
2	NN	DRINKELL Debbie	NQP	7.52	334
3					
4					
5					
6					

Shot Women A

Posn	Bib	Athlete	Club	Perf	
1	N	BRETT Jacky	NQP	9.06	655
2	TT	FILEMAN Lois Y	PlymEVT	8.68	626
3	E	LIEFTING Bonnie	Exe	8.10	580
4	D	WINTON Hannah	Dorset	6.95	483
5					
6					

Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	T	TAYLOR Clare	PlymEVT	8.15	584
2	NN	CLEMO Lucy X	NQP	5.64	355
3					
4					
5					
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf	
1	TT	FILEMAN Lois Y	PlymEVT	31.95	760
2	N	BRETT Jacky	NQP	21.68	579
3	E	LIEFTING Bonnie	Exe	19.08	522
4					
5					
6					

Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	T	TAYLOR Clare	PlymEVT	22.54	596
2	NN	CLEMO Lucy X	NQP	15.75	439
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth
13/04/2019
Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	TT	WESTON Kayleigh Y	PlymEVT	36.39 695
2	N	BRETT Jacky	NQP	32.12 638
3	E	LIEFTING Bonnie	Exe	17.65 409
4				
5				
6				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	T	FILEMAN Lois Y	PlymEVT	35.41 682
2	NN	CLEMO Lucy X	NQP	13.91 332
3				
4				
5				
6				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	D	WINTON Hannah	Dorset	22.27 595
2	E	LIEFTING Bonnie	Exe	20.62 562
3	T	TAYLOR Clare	PlymEVT	18.95 528
4	N	CARLYON Claudia	NQP	15.18 439
5				
6				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	NN	DRINKELL Debbie	NQP	14.66 426
2	TT	WESTON Kayleigh Y	PlymEVT	11.10 319
3				
4				
5				
6				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	T	PlymEVT	PARNELL-MOSES Leah Y HARRIS Samantha Y HARVEY Hayley JAMES Tayla X	53.40
2	D	Dorset	GOURLAY Lizzy BRYANT Alexandra JEFFERY Ella X LOVERING Abbie X	54.00
3	N	NQP	HOWE Rachel CARLYON Claudia BOXALL Ami X BURT Erin Y	57.80
4				
5				
6				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	T	PlymEVT	JAMES Tayla X DABSKA Weronika Y HARVEY Hayley MCDOWELL Tilly X	04:45.3
2	N	NQP	HOWE Rachel DAVIDSON Grace X CARLYON Claudia WEBSTER Lauren X	05:08.1
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth

Wind

13/04/2019

Wind

Bib	Males	Event	Perf		Bib	Females	Event	Perf
City of Plymouth/Erme Valley/Tavistock ©								
432	KEVERN Jerry	100m	13.0	-0.2	200	GELLANTLY Hannah X	Hammer	38.45
429	PALIN Ross	200m	24.8	+2.0	200	GELLANTLY Hannah X	Discus	16.54
431	HUNTER Jared X	200m	26.1	+2.0	439	DABSKA Weronika Y	1500m	6.053
431	HUNTER Jared X	100m	12.9	-0.2	440	PAUL Hannah	1500m	6.151
428	MILLER Aaron	200m	23.8	+2.0	433	TAYLOR Clare	Hammer	36.96
430	COURT Thomas Y	100m	12.1	-0.2				
435	PETERS Sam	100m	11.6	-0.2				
436	HALLOWS Liam	100m	16.1	-0.2				
434	CLAYDEN Daniel	400m	72.9					

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth

Wind

13/04/2019

Wind

Exeter Harriers

None

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth

Wind

13/04/2019

Wind

Newquay & Par AC

438 GALLANTRY Liam 1500m 4.50.7

SOUTHERN ATHLETICS LEAGUE Division 3 South-West Plymouth

Wind

13/04/2019

Wind

Team Dorset ©

426	IMPETT Peter	100m	16.1	-0.2	JEFFRYS Ella	200m	28.9	+2.8
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